

# HEALTH HISTORY

PATIENT NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_ PATIENT # \_\_\_\_\_

This history form provides us with information to help us meet all your healthcare needs, please complete both sides of this form answering each question. **This is a confidential part of your medical record and will be kept in this office.**

Today's date \_\_\_\_\_  
 Place of Birth \_\_\_\_\_  
 Highest level in school \_\_\_\_\_  
 Occupation \_\_\_\_\_  
 Previous occupations \_\_\_\_\_  
 Marital status \_\_\_\_\_  
 Hobbies \_\_\_\_\_  
 Exercise/recreation \_\_\_\_\_  
 Habits:  
     Smoking (type & amount per day) \_\_\_\_\_  
 If former smoker, date quit \_\_\_\_\_  
 Alcohol (type & amount per week) \_\_\_\_\_  
 Caffeine (type & amount per day) \_\_\_\_\_  
     Street drugs (type & amount per day) \_\_\_\_\_  
 Usual weight \_\_\_\_\_ My ideal weight \_\_\_\_\_  
 Date of last dental exam \_\_\_\_\_  
 Please list all allergies (foods, drugs, environment) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

When was your last physical exam? \_\_\_\_\_  
 Name of doctor \_\_\_\_\_ Phone \_\_\_\_\_  
 Please list all serious illnesses, operations, and other hospitalizations you have experienced and indicate year these occurred:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Please list all medicines you are currently taking (include nonprescription drugs):  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Describe all serious accidents, severe injuries, head injury, fractures or broken bones (include date occurred):  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Any history of family violence? \_\_\_\_\_

## CHIEF COMPLAINTS

Please list (in order of importance) the present health concerns, symptoms, or problems you are experiencing:

\_\_\_\_\_

## PAST MEDICAL HISTORY

Have you ever had the following: (Circle "no" or "yes", leave blank if uncertain)

Measles	no	yes	Heart Disease	no	yes	Diabetes	no	yes
Mumps	no	yes	Arthritis	no	yes	Cancer	no	yes
Chickenpox	no	yes	Venereal			Polio	no	yes
Whooping			Disease	no	yes	Glaucoma	no	yes
Cough	no	yes	Anemia	no	yes	Hernia	no	yes
Scarlet Fever	no	yes	Bladder			Blood or Plasma		
Diphtheria	no	yes	Infections	no	yes	Transfusions	no	yes
Smallpox	no	yes	Epilepsy	no	yes	Back trouble	no	yes
Pneumonia	no	yes	Migraine			High/low Blood		
Rheumatic			Headaches	no	yes	Pressure	no	yes
Fever	no	yes	Tuberculosis	no	yes	Hemorrhoids	no	yes

**PAST MEDICAL HISTORY**

cont.  
 Date of last Chest  
 x-ray \_\_\_\_\_  
 Asthma no yes  
 Hives/Eczema no yes  
 AIDS or HIV+ no yes  
 Infectious  
 Mono no yes

Bronchitis no yes  
 Mitral Valve  
 Prolapse no yes  
 Stroke no yes  
 Hepatitis no yes  
 Ulcer no yes  
 Kidney disease no yes  
 Thyroid  
 Disease no yes

Bleeding  
 Tendency no yes  
 Any other  
 Disease no yes  
 (Please  
 list) \_\_\_\_\_  
 \_\_\_\_\_

**FAMILY HISTORY**

Has any blood relative had any of the following: (Circle "no" or "yes", leave blank if uncertain)

Relationship			Relationship		
Cancer	no	yes _____	Depression	no	yes _____
Tuberculosis	no	yes _____	Psychosis	no	yes _____
Diabetes	no	yes _____	Suicide	no	yes _____
Heart disease	no	yes _____	Leukemia	no	yes _____
High blood Pressure	no	yes _____	Migraine Headaches	no	yes _____
Stroke	no	yes _____	Obesity	no	yes _____
Epilepsy	no	yes _____	Thyroid Disease	no	yes _____
Allergies	no	yes _____	Ulcer	no	yes _____
Anemia	no	yes _____	High Cholesterol	no	yes _____
Bleeding Tendency	no	yes _____	Kidney Disease	no	yes _____
Asthma	no	yes _____	Glaucoma	no	yes _____
Chronic Lung Disease	no	yes _____	Gout	no	yes _____
Drug/Alcohol Problem	no	yes _____			

List the present age or the age of death of each of the following members of your family, also if living add if their health is good, fair, or poor. If deceased, list the cause of death.

Father \_\_\_\_\_  
 Mother \_\_\_\_\_  
 Brother \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Sister \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Spouse \_\_\_\_\_

Son \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Daughter \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**MEDICAL HISTORY** cont.

**Do you have now or have you had within the past year:**

(Please circle the correct response beside each question)

Weakness or Paralysis      never   occasionally   often  
Tire easily      never   occasionally   often  
Weight Change      never   occasionally   often  
Change in Appetite      never   occasionally   often  
Sensitivity to Cold or heat      never   occasionally   often  
Persistent Fever      never   occasionally   often  
Night sweats      never   occasionally   often  
Hot flashes      never   occasionally   often  
Skin rash      never   occasionally   often  
Skin problems      never   occasionally   often  
Change in nails Or hair      never   occasionally   often  
Headaches      never   occasionally   often  
Easy bleeding      never   occasionally   often  
Easy bruising      never   occasionally   often  
Double vision      never   occasionally   often  
Blurred vision      never   occasionally   often  
Eye pain      never   occasionally   often  
Infected eyes      never   occasionally   often  
Do you wear Glasses or Contacts      never   occasionally   often  
Last eye exam \_\_\_\_\_  
Ringing in Ears      never   occasionally   often  
Discharge From ears      never   occasionally   often  
Ear pain      never   occasionally   often  
Hearing loss      never   occasionally   often  
Frequent nose Bleeds      never   occasionally   often  
Frequent colds      never   occasionally   often  
Sinus problems      never   occasionally   often  
Loss of smell      never   occasionally   often  
Persistent Hoarseness      never   occasionally   often  
Sore throat      never   occasionally   often

Sore tongue Or gums      never   occasionally   often  
Breast lump or Discharge      never   occasionally   often  
Chronic cough      never   occasionally   often  
Shortness of Breath      never   occasionally   often  
Bloody sputum      never   occasionally   often  
Wheezing      never   occasionally   often  
Chest pain or Discomfort      never   occasionally   often  
Purple fingers Or lips      never   occasionally   often  
Swelling of hands Feet or ankle      never   occasionally   often  
Difficulty Breathing      never   occasionally   often  
Palpitations or Fluttering of Heart      never   occasionally   often  
Leg cramps      never   occasionally   often  
Enlarged veins      never   occasionally   often  
Difficulty Swallowing      never   occasionally   often  
Heartburn      never   occasionally   often  
Frequent Belching      never   occasionally   often  
Abdominal Cramping      never   occasionally   often  
Nausea      never   occasionally   often  
Vomiting      never   occasionally   often  
Vomited or Coughed up Blood      never   occasionally   often  
Chronic Diarrhea      never   occasionally   often  
Chronic Constipation      never   occasionally   often  
Rectal bleeding      never   occasionally   often  
Black tarry Stools      never   occasionally   often  
Dark urine      never   occasionally   often

Yellow jaundice      never   occasionally   often  
Frequent (day) Urination      never   occasionally   often  
Frequent (night) Urination      never   occasionally   often  
Increase in Thirst      never   occasionally   often  
Painful Urination      never   occasionally   often  
Leakage of Urine      never   occasionally   often  
Difficulty Starting Urine      never   occasionally   often  
Blood in urine      never   occasionally   often  
Lack of sex Drive      never   occasionally   often  
Hemorrhoids      never   occasionally   often  
Backaches      never   occasionally   often  
Joint pain or Stiffness      never   occasionally   often  
Swollen joints      never   occasionally   often  
Muscle cramps Or spasms      never   occasionally   often  
Sleeplessness      never   occasionally   often  
Seizures      never   occasionally   often  
Depression      never   occasionally   often  
Memory loss      never   occasionally   often  
Poor Coordination      never   occasionally   often  
Dizziness      never   occasionally   often  
Fainting      never   occasionally   often

**Men only:**

Discharge from Penis      never   occasionally   often  
Pain or lump In testicles      never   occasionally   often  
Impotence      never   occasionally   often

**Women only:**

Age period began \_\_\_\_\_  
# of days period lasts \_\_\_\_\_  
Days between periods \_\_\_\_\_

**MEDICAL HISTORY cont.**

Is your flow  
Heavy?            never occasionally often  
Do you bleed  
Or spot between  
periods            never occasionally often  
Do you have  
Pain or  
Cramps?           never occasionally often

Date of last period \_\_\_\_\_  
Date of last pelvic  
Exam \_\_\_\_\_  
Date of last  
Mammogram \_\_\_\_\_  
Any itching in the  
Vaginal  
Area                            never occasionally often

Pain with  
Intercourse    never occasionally often  
Type of birth  
Control used \_\_\_\_\_  
Number of pregnancies \_\_\_\_\_  
Number of full term  
Births \_\_\_\_\_  
Number of preterm  
Births \_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary health care services I may need.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician's comment

Physician's Signature \_\_\_\_\_